



Trondheim

Intimate charm in the third largest city in Norway.

The vibrant city of Trondheim is home to some of Trøndelag's most popular attractions, cosy shopping streets and a myriad of restaurants and bars offering local specialties.

Vikings, pilgrims and computers

Trondheim was Norway's first capital, founded by Viking King Olav Tryggvason in 997. Today, Trondheim is not a big city on a European scale, but it is the third largest city in the country with a population of 194,000. The city are still the town where new kings receive their ceremonial blessings. It has been, and still is, a popular pilgrimage site. It is a regional capital and last but not least, a city of education and research. The wide range of things to do may in part be attributed to the city's students, who number more than 30,000. The students leave their mark on the city by arranging many events, as well as attending the city's other cultural offerings. Both Microsoft and Yahoo have development departments located in Trondheim.

Trondheim has a number of sights that each year are among the most visited in Trøndelag.



The Nidaros Cathedral; Nidarosdomen is an impressive sight. The cathedral is the national sanctuary of Norway, built over the grave of St. Olav. Work began in 1070, but the oldest parts still in existence date from the middle of the 12th century. The Gothic Nidaros Cathedral features an ornate rose window and a detailed west façade. Its also one of the most popular sights in Trondheim

Popular museums with exciting exhibitions include the National Museum of Decorative Arts, the Trondheim Museum of Art and the Archbishop's Palace Museum. A museum that stands in stark contrast to these is Rockheim, Norway's national museum of popular music.

Just a short ride from the City Centre on the world's northernmost tram, Gråkallbanen, you will find Bymarka. The popular recreation area is ideal for walking and jogging, with a network of marked trails crisscrossing the reserve, leading to viewpoints, rest areas and cabins selling refreshments.

The intimate City Centre combined with the exciting shops makes Trondheim a popular city for shopping. Here you can enjoy many independent shops selling clothes and accessories that you will not find everywhere. Particularly in historic Baklandet, you will find several shops that make the garments they sell from scratch or by adapting old garments.

Trondheim is one of the places in Norway with the strongest focus on local food. Many local establishments, including pubs, cafés and restaurants, serve a wide range of excellent locally brewed beers, preferably together with food specially developed to accompany the beer.

Find more inspiration on Trondheim's official website:

<https://visittrondheim.no/en>

<https://trondheim.com/>

<https://www.nidarosdomen.no/attraksjoner/nidarosdomen>

Climate

Situated in the county of Sør-Trøndelag, Trondheim is pretty far north. In fact it is only 500 kilometres from the Arctic Circle, but the warm Gulf Stream blesses Trondheim with a fairly mild climate.

Tourist Information

Trondheim tourist information centre

“We will give you the best tips of what to see, do, taste and hear during your time in Trondheim. You can buy tickets for cultural events, loan a city bike card, buy tickets for guided city walks and sightseeing”

Address: Visit Trondheim AS, Nordre gate 11, 7006 Trondheim

Contact. + 47 73 80 76 60 Email: post@visittrondheim.no

There are several options for getting to Trondheim and around.

Situated in the middle of the country, it has good domestic and international connections. Trondheim Airport Værnes is located only a 30-minute drive from the city centre and there are direct flights from many European cities.

- **By train:** There are four daily trains between Oslo and Trondheim on the Dovre line. The journey takes approximately 7 hours. Trondheim can also be easily reached by train from many other Norwegian cities.
- **By bus:** There are several daily bus departures from Oslo and other major cities to Trondheim. Travel time from Oslo is around 8 hours.
- **By car:** The Norwegian north-south highway E6 passes Trondheim, while the coastal highway E39 has its terminus at Klett, 10 km south of Trondheim.
- **By boat:** Both north-bound and south-bound, Hurtigruten, The Norwegian Coastal Voyage, calls daily at Trondheim.
- **Local travel:** Bus travel in Trondheim is operated by AtB, which offers a network of routes covering nearly all of the city. There are frequent departures during the day, less frequent during evenings.
- **By plane:** Trondheim Airport Værnes serves international and national flights. From the airport you can go by express bus or train to Trondheim.